

# Start your Healthier SG journey today

Singaporeans above 40 are more likely to have chronic illnesses, needing long-term medical care. With Healthier SG, it doesn't have to be this way.

## STEP 1: ENROL

### Signing up is simple

Sign up directly on the HealthHub app with just a few taps. Or visit your preferred Healthier SG clinic. You can choose from over 1,000 Healthier SG clinics to find a doctor who fits your needs.

## STEP 2: CONSULT YOUR DOCTOR AND CREATE YOUR HEALTH PLAN

### Book your first fully-subsidised Health Plan consultation

Work with your doctor on a personalised Health Plan: Understand your current health conditions and plan your health goals.

- Access subsidised Healthier SG screening tests and vaccinations.
- Receive subsidised referrals to public specialist outpatient clinics with your CHAS, Pioneer Generation, and Merdeka Generation card.

### Enhanced support to manage chronic disease with Healthier SG Chronic Tier

- Get selected chronic medications at Healthier SG GP clinics, at prices comparable to polyclinics.
- Use your MediSave to fully cover treatment costs for chronic conditions listed under the Chronic Disease Management Programme, up to the relevant MediSave withdrawal limit.

## STEP 3: TAKE CHARGE OF YOUR HEALTH

### Focus on your health goals



#### Explore fun activities:

Participate in a wide range of fun programmes, challenges and workshops to stay healthy through the Healthy 365 app.



#### Stay on track:

By referring to your Health Plan on the HealthHub app.

## STEP 4: LIVE A HEALTHIER YOU

### Celebrate your wellness wins

#### Fully-subsidised annual check-ins:

Make it a habit to check in with your GP every year to see how far you have come, and to refresh your goals. Keep up the momentum and stay active.

Stay committed to your Healthier SG journey – because every step allows you to enjoy a better quality of life as you age.

**Enrol in Healthier SG now.**



An initiative of



MINISTRY OF HEALTH  
SINGAPORE