



HealthHub:
Manage your personal and loved ones' health, all in one place

- Enrol in Healthier SG and choose your preferred clinic
- Access your personalised Health Plan
- Keep track of your health goals



Healthy 365:
Explore healthy lifestyle programmes

- Register for healthy lifestyle programmes and activities near you
- Track your physical activity and diet
- Earn Healthpoints by staying active
- Redeem Healthpoints with a catalogue of lifestyle rewards



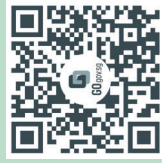
Helpline

📞 6325 9220

🌐 www.moh.gov.sg/feedback

Frequently Asked Questions:

<https://www.healthiersg.gov.sg/faqs/>



Clusters and Community Partners

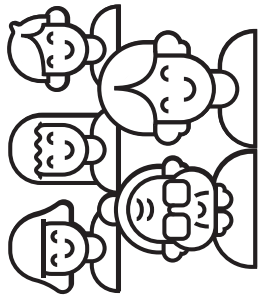
A Community of Care

Healthier SG brings together the network of GPs, polyclinics, hospitals and community partners to take care of your health and social needs, so that you can stay healthy and live well.

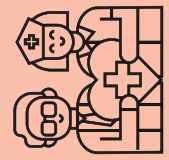
Healthcare Clusters:
Bring together health and community partners for more integrated care



RESIDENTS



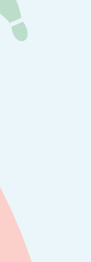
Family Doctors



Promote Healthy Lifestyles



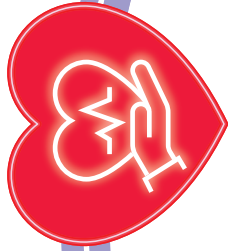
Support for Seniors and Caregivers



An initiative of
MINISTRY OF HEALTH
SINGAPORE



Step into a Healthier You



Highlights

Receive dedicated care from your preferred family clinic



Prevent or manage chronic conditions and complications



Create a Health Plan with your family doctor



Enjoy enhanced healthcare subsidies and benefits



Enrolment from July 2023

- Singapore Residents aged ≥60 years will be progressively invited via SMS to enrol
- Those aged 40 to 59 years will be invited at a later date

Key benefits of Healthier SG

Receive help to take concrete steps to lead a healthier lifestyle, detect health issues early, and manage existing conditions with a family doctor who knows you well.

From July 2023:

Create a personalised Health Plan with your family doctor for a healthy lifestyle, regular health screenings and vaccinations



Earn \$20 worth of Healthpoints after your first Health Plan consultation



Get fully-subsidised nationally-recommended screenings and vaccinations (for Singapore Citizens)



Full list of screenings:
<https://go.gov.sg/rec-screenings-list>



Full list of vaccinations:
<https://go.gov.sg/rec-vaccines-list>



From early 2024:

Healthier SG Chronic Tier: CHAS, Merdeka and Pioneer Generation patients with high medication needs can get common chronic drugs from their enrolled Healthier SG GP at prices comparable to polyclinics



Use MediSave without cash co-payment for treatment of chronic conditions



Three easy steps to start your Healthier SG Journey!

Step 1 Register

- Enrol when you receive MOH's SMS invitation
- Download HealthHub app
- Choose your preferred Healthier SG clinic



Step 2 See your doctor

- Schedule your first Health Plan consultation, which will be fully subsidised
- Create your Health Plan with your family doctor



Step 3 Participate

- Follow your personalised Health Plan
- Participate in activities on the Healthy 365 app
- Check-in with your family doctor at least once a year

